How to enroll for VA Services

Active-duty personnel, Reservist or National Guard members, who served in a theater of combat operations, are eligible for free care for any condition that may be associated with a combat experience for a period of up to five years beginning on the date of separation from active duty. After five years standard eligibility rules will apply.

Come to the VA with your DD-214 and fill out a Medical Benefits Application.

OR

Apply online at www.va.gov

VA’s Mission:
“To care for him who shall have borne the battle…”
- President Abraham Lincoln

OEF/OIF/OND Program Manager
Angel Rosario, MSSA
(914) 737-4400, ext. 3261

Transition Patient Advocate
Debra Lucas
(914) 737-4400, ext. 2658

Below is a listing of each VA Hudson Valley site and clinical point of contact.

Castle Point Campus, Carmel & Pine Plains CBOC
Betsy Valentine, RN
(845) 831-2000, ext. 4617

Castle Point Campus, Monticello & Poughkeepsie CBOC
Betsy Valentine, RN
(845) 831-2000, ext. 4616

Montrose Campus & New City CBOC
Sonya Shabinsky, LCSW
(914) 737-4400, ext. 3798

Montrose Campus, Goshen & Port Jervis CBOC
(914) 737-4400, ext. 3795

For eligibility and enrollment questions, please contact:

Rudy Williams
(845) 831-2000, ext. 5043
Lamont Reese
(914) 737-4400 ext. 2516

Montrose Campus
2094 Albany Post Rd.
Montrose, NY 10548
Fax: (914) 788-4814

Castle Point Campus
41 Castle Point Rd.
Wappingers Falls, NY 12590
(914) 737-4400
Fax: (845) 838-7619
COMING HOME
Returning home from a combat zone always involves readjustment. Returning veterans often report that they:

- Have short tempers
- Forget things and have trouble concentrating
- Constantly recall memories of the combat zone
- Miss the excitement of deployment
- Have trouble sleeping and experience nightmares
- Have problems “fitting in” with family and friends and at work
- Want to keep to themselves
- Feel jumpy and hyper-alert
- Drink more alcohol

HOW CAN WE HELP
The VA offers services to help our returning Veterans:

- Enhance resilience
- Learn to cope with the impact of combat service
- Transform potentially damaging events into chances for growth
- Strengthen family relationships
- Make a full adjustment to life at home

Contact us at:
845 831-2000, ext. 4616/4617
Or
914 737-4400, ext. 3795/3798

Available Health Care Services:
- Outpatient services – medical, mental health and specialty clinics
- Inpatient services – medical, mental health, extended care and residential programs
- Sexual trauma counseling
- Specialized health care for women veterans.
- Outreach programs for homeless Veterans.
- Readjustment counseling.
- Alcohol and drug dependency Treatment.
- Evaluation for military service exposure, including: Gulf War, Agent Orange, Ionizing Radiation, and certain other environmental hazards.
- Veterans Industries.

Family of Heroes

Anywhere, any time Internet Access to your VA Health Care.